



CELEBRATE and RECOGNIZE YOUR OMBUDSMAN

The Navy Ombudsman is a vital link between Command and their families. Ombudsmen are always available for emergencies as well as providing information and referral.

Since the Ombudsman Program was established in 1970, many thousands of military and family members have been assisted by these active volunteers. These volunteers are military spouses many of whom hold full time employment positions, have young children to care for, attend school themselves, and have family/community obligations. Yet they find time, energy and willingness to stretch out their hand to aid, befriend and assist.

The Ombudsman Creed states: "To care sincerely is to be informed, so that our caring efforts will join heart and head, that we might help and not hinder, heal and not hurt, and give the most precious gift of all - hope."

The Command and Tenant Command Ombudsmen dedicated to this creed are: ATRC: Candy Treat and Peggy Williams; NSASP: Mariellen Curtis; JWAC: Kari Hanson; BMC: Angela Wilson. THANK YOU LADIES!!

WE APPRECIATE OUR OMBUDSMAN!



Meeting Your Needs. At Home. At Sea.



The Naval Fleet and Family Support Center
is Located @
BLDG 214 12 Strauss
Dahlgren, VA Indian Head MD,
Phone: 540-653-1839
Toll Free: 800-500-4947

October:

Family
Advocacy

FFSC Workshops/Event Listing

Registration is required.

Call 540.653.1839 / 800.500.4947

All workshops are open to active duty service members, spouses, retirees, and to DoD civilians on a space available basis.

Resume Writing	1 Sep	0900-1200	FFSC
Job Search Strategies	7 Sep	1000-1100	FFSC
TAP CLASS	11-14 Sep	0730-1600	FFSC
Budget For Baby	12 Sep	0900-1200	FFSC
Financial Planning for Retirement	12 Sep	1530-1630	FFSC
CARIT Brief	13 Sep	0900-1200	FFSC
Brown Bag Series (Stress)	14 Sep	1130-1230	FFSC
VA Brief	14 Sep	0730-1030	FFSC
SAVI Refresher	14 Sep	1330-1500	FFSC
Legal Service	21 Sep	0900-1600	FFSC
Smooth Move	22 Sep	1200-1300	FFSC
CARIT Brief	25 Sep	0900-1200	FFSC
TRICARE/Delta Dental Brief	25 Sep	0900-1200	JD's
Men's Group	Tuesday	1300-1500	FFSC
Retired Activity Office	M,W,F	1000-1500	FFSC
Information/Referral	EVERY DAY	0730-1600	FFSC

